

### INSTALLATION GUIDE

#### Product description:

This part fits OEM part number 5Q0198 037 B as an insert.

#### Contents (parts per pack):

1 x Polyurethane Insert      1 x Sleeve      1 x Washer      1 x Grease

*Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.*

*It is recommended that:*

- all work to be carried out by a licensed technician;
  - all safety precautions adhered to;
  - wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.*

#### Fitting Instructions:

1. Access the lower engine mount which is located in the front sub frame under the car.
2. Remove the bolt from the lower engine mount. Fig A.
3. The insert pushes into the voids of the original bush. Remove any flash lines and clean the dirt from the voidings.
4. Slide the new PU insert into the voids of the rubber bush. Fig B.
5. Position the supplied washer on top of the PU insert. Push the supplied sleeve into the bore of the washer. Fig B.
6. Use the original bolt and small washer to secure the PU insert kit into the rubber engine mount. Fig B.
7. Tension all hardware to manufacturers recommended torque settings.



Fig A.

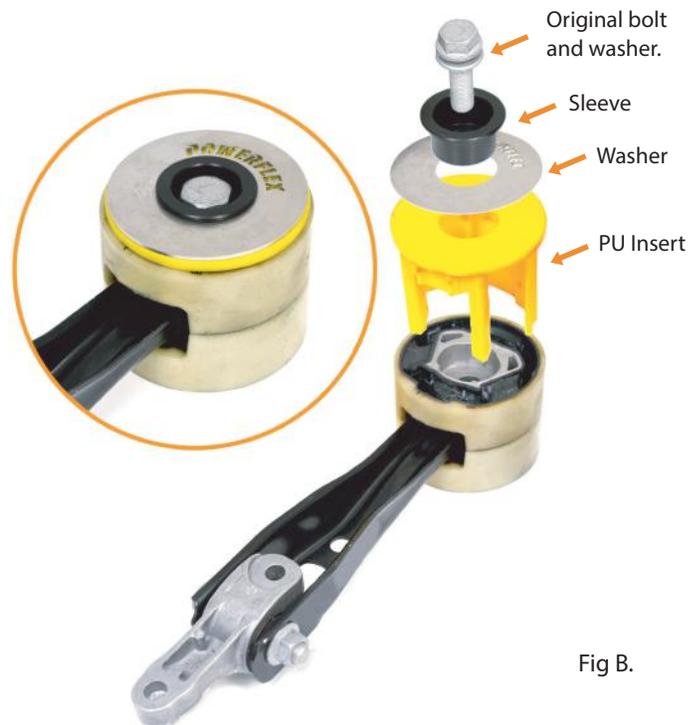


Fig B.